

INSPIRE

A NEW GENERATION OF HEALTHY KIDS!

America's youth have the idealism and energy needed to look beyond traditional barriers and see fresh ways of addressing childhood obesity.

The Alliance for a Healthier Generation's empowerME movement inspires kids to make healthy behavior changes and become advocates and leaders for healthy eating and physical activity. Guided by their unique experiences and opinions, Youth Advisory Board members not only provide feedback on the Alliance Kids' Movement programs and strategies, but also generate new ideas on how to make healthy living the norm, not the exception.

Youth Advisory Board members will have an opportunity to:

- Attend two in-person meetings with the entire membership of the Youth Advisory Board, one in July and the second in January 2010.
- Join one hour monthly conference calls.
- Serve as Ambassadors of the Alliance for a Healthier Generation at meetings, conferences and in their community.
- Share feedback on Alliance's Kids' Movement materials.
- Lead a service base community project related to health in their area.
- Make their voice heard on the best ways to empower youth toward long and healthy lives.

Applicants must be between the ages of 8-17 years old when membership begins July 16, 2009 and live in the United States, including US Territories.

Thank you for your willingness to assist an applicant with the Youth Advisory Board application. As an adult ally you play a major role in this process. Before you begin filling out the 2009 Recommender Form, please make sure the applicant has correctly identified you as a recommender.

RECOMMENDER FORM CHECKLIST

1. Fill out and complete all sections of the recommender form accurately (including applicant's name). We will not consider incomplete forms.
2. Note the deadline for an adult-ally recommender form to be completed and received by us is 5pm Eastern Time Tuesday, March 31, 2009.
3. Once form is completed please mail to the following location:

**Alliance for a Healthier Generation, Attn: Lizeth Sanchez
610 President Clinton Ave., Suite 200, Little Rock, AR 72201**



IF YOU HAVE ANY QUESTIONS CONTACT US AT
empowerme@healthiergeneration.org

09-2010

YOUTH ADVISORY BOARD RECOMMENDER FORM

Please fill in all information accurately and help the Alliance ensure that the best qualified and most deserving applicants are selected. We appreciate your thoughtful, considered, and candid comments.

Applicant information

NAME _____

STATE OF RESIDENCE _____

Recommender's personal contact information

FIRST NAME _____ MIDDLE INITIAL _____ LAST NAME _____

POSITION/TITLE _____

EMAIL ADDRESS _____

RELATIONSHIP TO APPLICANT

- Educational Community Faith Organization
 Extracurricular Employment Other _____

HOW MANY YEARS HAVE YOU KNOWN THE APPLICANT?

- Less than 1 year 1 to 3 years More than 3 years

Questions

In your response to the questions we would like you to consider these three areas:

- Leadership Initiative
- Working in a group
- Service and Community

These are areas we have found to be important contributors to the success of our Youth Advisory Board members and look to your understanding of the applicant to address these areas with the questions below.

Rate the applicant according to the following variables by filling in the appropriate box. Please use the "extraordinary" rating only for exceptional performance. Then, explain your rating in the space provided by giving a relevant example of the applicant's behavior.

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YOUTH ADVISORY BOARD RECOMMENDER FORM

Leadership Initiative

Consider the Following:

- Has the applicant shown a desire to have leadership positions in any clubs or groups he/she is involved in?
- Has the applicant sought office in school or on other boards?
- Has the applicant approached his/her leadership position with the goal of making the organization/club/group better or more effective?
 - Extraordinary Above Average Average
 - Below Average Poor

Please Explain:

Working in a Group

Consider the Following

- Has the Applicant shown the ability to work well with others?
- Has the Applicant shown an ability to express opinions that differ from the group's respectfully?
- Has the Applicant shown an ability to hear opinions that differ from his/her own and discuss them respectfully?
- Has the Applicant sought group projects or efforts instead of individual projects or efforts?
 - Extraordinary Above Average Average
 - Below Average Poor

Please Explain:

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Service and Community

Consider the following:

- Has the applicant shown a desire to serve others and contribute in service clubs, community groups, religious organizations, athletics, student government, employment, or other activities?
- Has the applicant been involved in, or taken responsibility in, a community service, extracurricular activity, or leadership activity over an extended period of time rather than being a member of many organizations for short periods of time?
- Has the applicant accomplished specific goals within his/her community, school, or home?
- Has the applicant shown evidence of trying to, and succeeding in, improving his/her service skills?

Extraordinary

Above Average

Average

Below Average

Poor

Please Explain:

Please provide any additional information you wish to share with us regarding the applicant. (Please no more than one paragraph)