

# Soup Kitchen – Feeding the Hungry (9-12)

*Social Studies, Health, Mathematics, and Culinary Arts*

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**Summary:** Culinary Arts students work alongside cooks at the local soup kitchen, preparing meals for the homeless and hungry.

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## Service and Learning Activities

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**Preparation:** Students research the issue of hunger in their community. A guest speaker from the local food bank addresses the students about community agencies that serve the hungry and the overall community needs. Take a field trip to a local soup kitchen to interview the director concerning hunger and the mission of the agency. Work with the partner agency to schedule students to work at the soup kitchen preparing meals and serving the homeless. Students study nutrition and make economical mock menus ensuring that each meal is nutritious, healthy, and well balanced. Students determine the cost and logistical challenges of feeding 100 clients, 200 clients, or 300 clients with their mock menus.

**Action:** Students work alongside soup kitchen cooks to prepare and serve meals to the hungry once a month. Students study world hunger and make a PowerPoint presentation to share with other classes. Students make flyers to announce a school-wide campaign to collect nutritious canned goods and non-perishables to donate to the food bank. Students weigh the food collected and announce which class donated the most food. Alternatively, different classes or grades can be assigned to gather food from different food groups.

**Reflection:** Journals – Were you ever really hungry? How did you feel? Do you ever throw away or waste good food? How much food in the school lunchroom is wasted? What can be done about it? Knowing how many people in the world do not have enough food or even die from starvation how does this make you feel? What did you learn from working in the soup kitchen? How could this project be improved? What are some next steps? What were the greatest challenges in doing this project? What impact(s) did the project have on those serving and served?

**Demonstration:** Students present a PowerPoint on world hunger to other classes. They distribute educational flyers appealing for food bank donations. Students can also create and present poems, public service announcements, songs, artwork, lessons, videos, skits, displays, or murals to teach other students or the larger community about the project, the need(s) it addresses, and the impact of their efforts.

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## Standards

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**Applied Technology:**

Standard 8: Cooperative Workers  
Standard 10: Multiculturally Sensitive Citizens

**Mathematics:** The Student

MA.B1.4 Measures quantities in the real world and uses the measures to solve problems.  
MA.B.4.4 Selects and uses appropriate units and instruments for measurement to achieve the degree of precision and accuracy required in real-world situations.

**Social Studies:** The student

SS.C.2.4 Understands the role of the citizen in American democracy.

**Health Education:** The student

HE.C.2.4 Knows how to advocate for personal, family, and community health.

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## Academic Objectives

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- Use research, listening skills, and interview skills to understand the issue of hunger locally and worldwide
- Understand how to prepare economical meals that are healthy and nutritious to serve to large quantities of people
- Use Mathematics and cooking skills in a real-world setting
- Use technology skills to produce a power point presentation and flyer

**Assessment(s):** Mock menus, PowerPoint presentation, flyers, Participation and group work

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## Service Objectives

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- Advocate for the community's homeless and hungry
- Use culinary arts skills to directly address the needs of the hungry

**Assessment(s):** Number of goods collected for food bank, written and verbal feedback on cooking and serving in the soup kitchen